

“God is My Light” Lesson for Toddlers

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This is the third lesson plan in our series titled, “Toddlers Knowing God.” Each of these studies help children age 18-24 months better understand the character & nature of God. [Click here](#) to see the main index for these Bible lessons.

This particular lesson is based on Psalm 18:28; 27:1. In very simple language, it shows how God can guide us and chase away fear.

Bible Passage: Psalm 18:28; 27:1

Bible Lesson Title: God is My Light

Target Age Group: Toddlers, age 18-24 months

Original Teaching Context: Toddler Sunday School

Printer Friendly Bible Lesson: 🖨️ [PRINT](#) this lesson plan

You Can Help: We love to read your ideas to make the lesson plan better. [Click here](#) leave a comment.

Main Idea: God is our Light. Do not be afraid! God chases away the darkness.

Supplies: Bible, Picture of the sun. See additional activities for other supplies and preparation.

Lesson

With toddlers, you want to keep your lesson simple. If your class is able, get them to sit together on floor in front of you. Hold up your Bible. **SAY:** The Bible is God’s Word. The Bible tells us God is our Light. Read the two short verses or choose one. (Hold up picture of the sun.) **SAY:** God is our Light. Do not be afraid! God chases away the darkness. (Repeat three times.)

The following activities are designed to reinforce the simple Scripture truth, encourage their development, and engage their imaginations and creativity. Choose the ones that will work best for your classroom.

Learning Activities:

Lights Out

SUPPLIES: Flashlights, glow sticks

DO: Pass out the flashlights and/or glow sticks. Turn off the lights (if there are windows, you can turn them all off. If not, leave some light on to prevent tripping/falling and fear.) Let the children shine them around the room or wave them in the air. Discourage them from shining at each other.

SAY: Everywhere we point the light, the darkness goes away. God is our Light! He makes all darkness go away! (If you are using glow sticks, say something along these lines, “These glow sticks make a little light. God is the biggest Light. He is our Light! He makes all darkness go away!”)

See and Learn

SUPPLIES: Picture of each of the following: sun, moon and stars, lamp, flashlight, candle

DO: Hold up each picture and ask them if they recognize it. If not, tell them what it is and describe what it does (ex. God made the sun. The sun gives us light so we can see in the day.).

SAY: God is our Light. We never have to be afraid because He chases away all darkness!

Discover Light Sources

SUPPLIES: Sticky notes to label the light sources around your room (lamp, light switch, light bulb, flashlight, sun (sticky note on the window), candle)

SAY: Lots of things give us light! God is our Light. Do not be afraid! He chases away the darkness. Let's walk around the room and see what gives us light!

DO: Show them the different light sources. Turn them on and off to demonstrate how they work. Let them try. See if they can find the sticky notes around the classroom without your help. Ask them what each item is several times and see if they can learn a new word. This activity can also be done in an unstructured way. While the children are playing, you can simply point them to the sticky notes (one-on-one), describe them, and repeat the main idea.

Sing and Dance

SUPPLIES: Song, *This Little Light of Mine*, *Shine Jesus Shine*, or one of your choosing.

SAY: God is our Light. Do not be afraid! He chases away the darkness. Let's sing about God being our Light!

DO: Turn on the song. Sing and dance to the music!

Peek-a-Boo

SUPPLIES: Blankets

DO: Play peek-a-boo. When the blanket is over their heads say, "child's name is in the dark!" When they lift the blanket away say, "Peek-a-Boo! God is _____'s Light! He chases away the darkness!"

Hide and Seek

SUPPLIES: Various toys from around the room, flashlights.

DO: Hide the toys in front of the children so they will not be too hard to find. Give each child a flashlight and turn off the lights (all of the lights if you have windows. If not, you want to keep a little light in the room so they are not afraid and to prevent tripping/falling.) Instruct them to look for each of the toys you hid with the flashlight. Help them look!

SAY: Everywhere we point the flashlight, the darkness goes away. The light helps us to see so we can find our toys. God is our Light! He makes all darkness go away! He helps us see all truth!

Pray

Hold hands or bow your heads together (just demonstrate and ask them to do the same. Some may, most may just watch.) Say a short prayer like the following: Dear God, you are our Light. We do not have to be afraid because you chase away all darkness. We love you! Thank you for loving us. Amen.

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